

God's Top 10 List

Balance Your Schedule (Exodus 20.8-11)

The Old Testament Law

1. A clear law: don't _____ on the Sabbath
 - 1) God set the _____ by resting on the seventh day after creating the universe
 - 2) So the Old Testament Jew did no work on _____

2. Why such a strict Sabbath requirement from God?
 - 1) So that His people would have a day of _____
 - 2) So that His people would have a day of _____

3. _____ took this command to extremes
 - 1) They identified _____ ways to break the Sabbath
 - 2) They took what was meant to be a blessing and made it into a heavy _____

The New Testament Freedom

1. Jesus _____ the legalists of His day

2. The New Testament _____ Christians from the Sabbath law (Colossians 2.13-17)

- 1) Don't _____ anyone in how they do or do not observe the Sabbath day (Romans 14.1-6)
- 2) _____ is not the Sabbath, nor is it a New Testament _____ for the Old Testament Saturday Sabbath

The Lessons for Today

1. Be wise: avoid the _____ of legalism and license

2. Be disciplined: _____ one day a week for rest and worship
 - 1) Even if you're a _____
 - 2) Even if you're _____

- 3) Make sure to include the _____ aspect

3. Be creative: use that one special day to deepen significant _____

Additional Scriptures cited: Exodus 31.14; Leviticus 23.3; 1 Peter 2.16; Exodus 16.29